

Worksheet #4 – The Fire that Faded



1.	Write o	lown a	recent g	goal y	ou set	but	did	not	achiev	æ.
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2. What motivators inspired you in the beginning?

- 3. What factors caused you to lose your motivation to achieve your goal? (Explore and write down all the deterrents to your success.)
- 4. If you had another chance to accomplish your goal, what would you do differently?